

# Set Your Mind Card (Front)

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## Set Your Mind Card (Back)

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In many ways, the human mind is similar to a radio receiver. Radio stations continuously bombard receivers with waves carrying both positive and negative information. In much the same way, positive and negative thoughts consistently enter the mind. The Holy Spirit broadcasts into our mind as a still small voice humming in tune with God's positive truth found in the Bible. All the while, the world, the flesh, and the devil transmit hi-watt negative frequencies in an attempt to dominate our mind.

A radio receiver cannot choose what waves reach its antenna, but a radio operator can decide where to set the dial. Similarly, we cannot always choose what thoughts enter our minds. However, we can definitely choose the thoughts upon which we let our minds linger.

A mind tuned into negative, unjust, inaccurate, untrue, critical, judgmental, and shameful thoughts will experience fear, worry, anxiety, bitterness, addiction, outbursts of anger, depression and death. A mind tuned into true, honorable, right, lovely, excellent, pure, and positive thoughts will experience love, joy, peace, patience, gentleness, kindness, faithfulness, goodness, control of self and abundant life in Christ.

"For the mind set on the flesh is death, but the mind set on the Spirit is life and peace," Romans 8:6

